



ART PROGRAM

2024 - 2025

BEGINNERS LEVEL

Palina
STUDIO



A heartfelt message

Dear Parents of the Future Creative Generation,

Welcome to my art studio, where imagination takes flight, and every child is encouraged to explore their artistic potential!

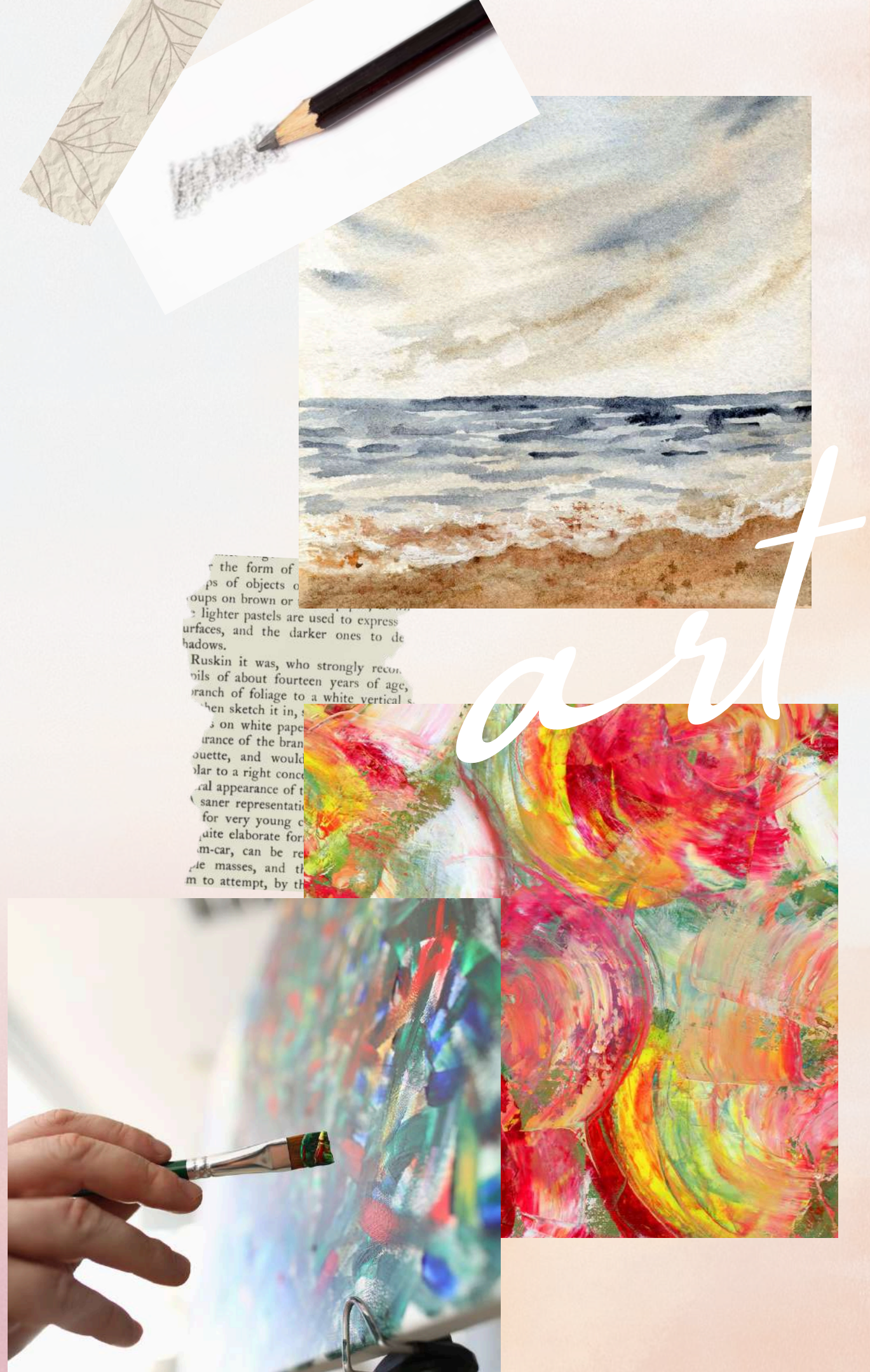
I am honored to be chosen as your children's art guide and incredibly excited to meet you all in person!

In this presentation, I will share with you the key steps of my specially tailored program, designed from the incredible experience I gained teaching children in Naples, along with my extensive studies and life as an active artist.

Palina

Highlights

- I. Mindfulness through Art
- II. Review of the essentials
- III. Color basics
- IV. First steps into watercolor
- V. 3 D shapes
- VI. Landscape VS Seascape
- VII. Animals, birds, insects
- VIII. Exhibitions & contests



My approach: live the moment consciously

Being an art teacher isn't just about demonstrating techniques, copying, or coloring. It's a profound opportunity to shape the young, impressionable minds of children. I fully understand the responsibility this role carries, and I approach it with great care and intention. In my classes, we begin with breathing exercises to connect with our inner selves, calming the chaos of the outside world with soothing instrumental music. This helps us focus on our heartbeats, setting the tone for a mindful and creative journey.

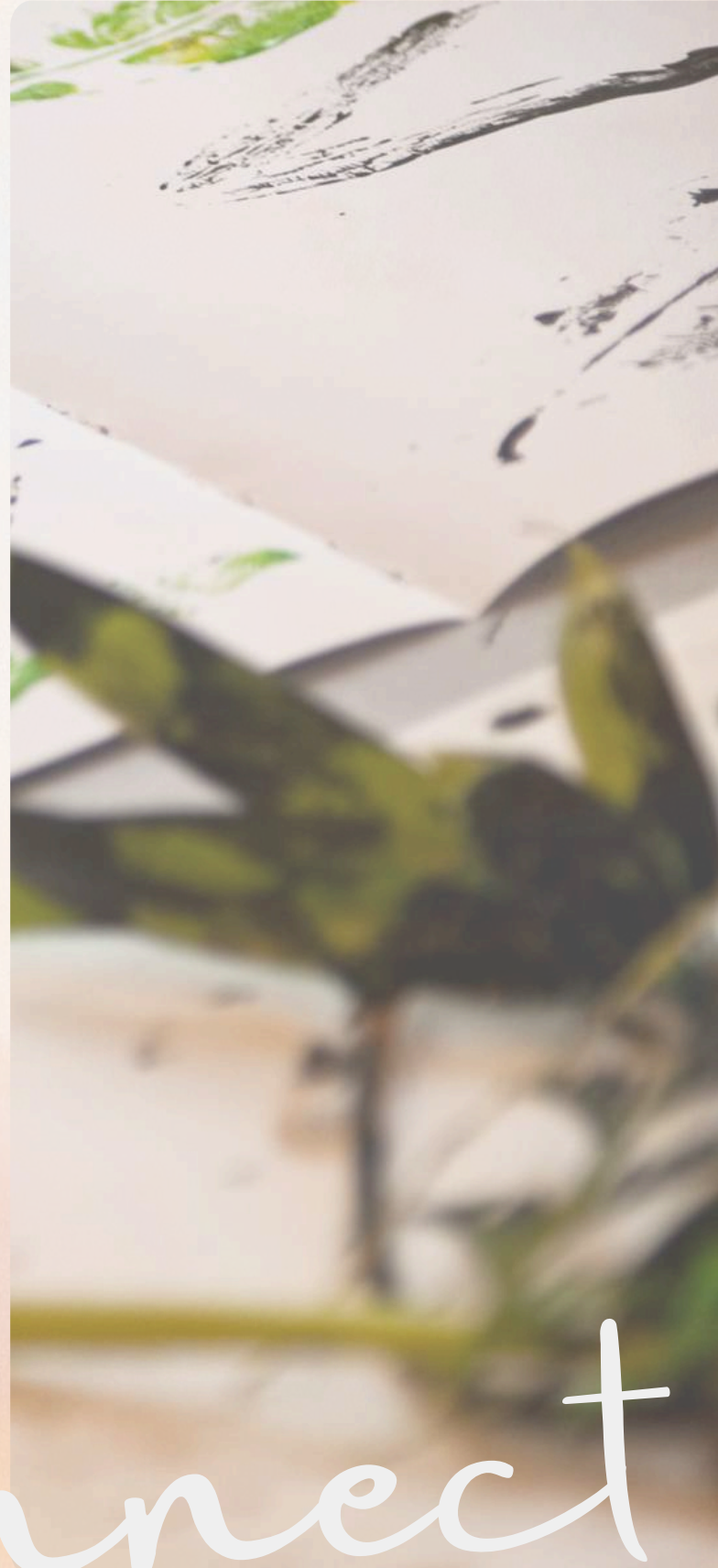
I. Mindfulness through Art



My approach: enjoy the process

I place special emphasis on the language we use during our interactions. For instance, instead of saying, "I can't draw a cat," we reframe it as, "I am here to learn how to draw a cat, and I'm enjoying the process." I encourage children to view challenges as opportunities for daily growth and improvement. We step away from the competitive world and focus on embracing our uniqueness, celebrating the qualities that set us apart from others. I believe that fostering healthy self-esteem and a positive mindset from a young age is crucial. We can only tap into our boundless creativity when we are at peace within ourselves, and it is my responsibility to create an environment in my studio where children can develop these essential skills in a nurturing atmosphere.

I. Mindfulness through Art



Essential tools

This year, we're beginning our journey in a new space, and with that, each student will have their own personalized set of art supplies.

In our first class of the season, we'll explore every type of brush in the custom brush case I've carefully produced for each of you. We'll enrich our artist vocabulary and experiment with special techniques for each tool, including palette knives, sponges, graphite pencils, and more.

Your "wonder bag" will also include a watercolor paper pad, eraser, watercolor paint set, and a customized apron - all designed to inspire creativity and make our time together even more special.

II. Review of the essentials



Lines and shapes



Our colorful journey begins with a simple exercise using a graphite **pencil**. We'll start by learning how to hold the pencil properly and explore what happens on the paper as we **control the pressure of our hands**.

Together, we'll create straight lines, curves, ellipses, circles, and other basic shapes, building a solid foundation for our artistic adventure in this first class.

II. Review of the essentials

Color basics

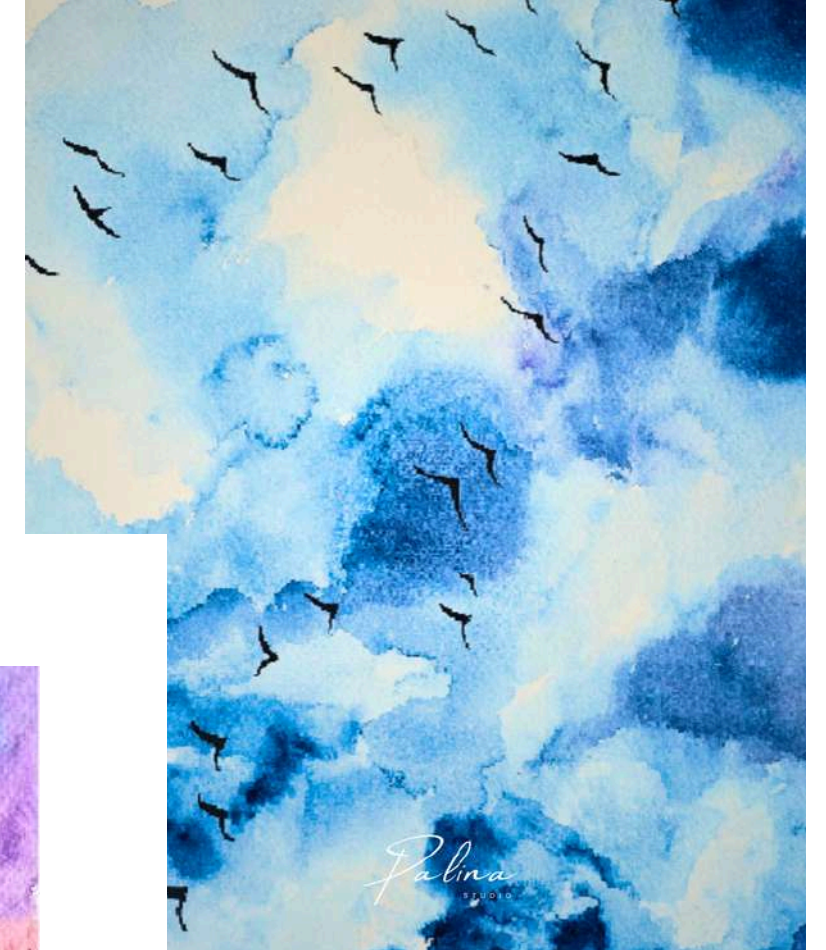
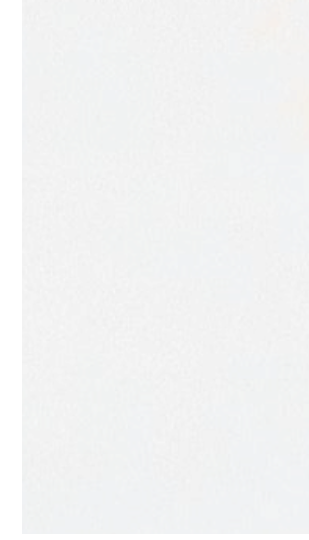
Our next step, we will dive into the world of colors by exploring the **color wheel**! We'll learn about primary and secondary colors, and discover how they mix and interact to create new shades and hues. Through hands-on activities, we'll experiment with blending colors, understand warm and cool tones, and create our very own color wheels, setting the stage for a vibrant and exciting journey into art.



III. Color basics

Skyscapes

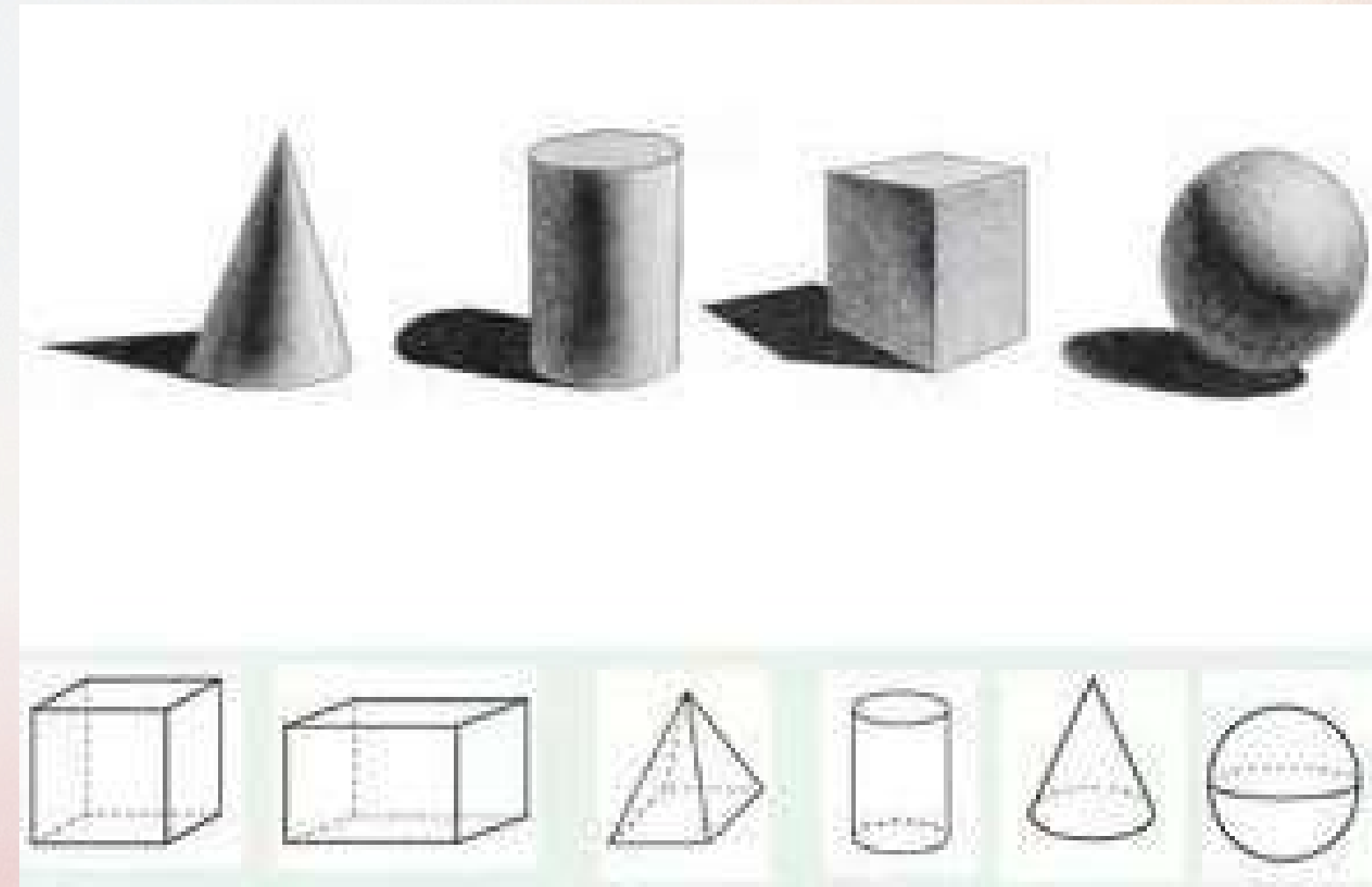
In this art classes, we will explore the beauty of skyscapes using simple watercolor techniques. We'll begin by observing different skies—from bright sunny mornings to dramatic sunsets and cloudy days. Students will learn how to create soft gradients, blend colors seamlessly, and use various brush techniques to capture the unique textures of the sky. Through step-by-step guidance, we'll paint our own skyscapes, focusing on the fluidity and transparency of watercolors to bring our skies to life with light, movement, and emotion



IV. Fisrt steps into watercolor bliss

Drawing three dimensional objects

In this art class, we will focus on drawing simple 3D forms and shapes, including cubes, cylinders, and cones. Students will learn the fundamentals of creating **depth** and **perspective**, mastering the art of **shading and light** to give these shapes a realistic three-dimensional appearance. We'll practice sketching these forms from different angles, exploring how to represent volume and space on a flat surface. By the end of the class, students will have a solid understanding of 3D drawing techniques and be able to apply these skills to more complex compositions.



Landscape VS Seascape

Now that we've learned how to use watercolors, paint skies, and draw cool 3D shapes, it's time for some real fun: creating landscapes and seascapes! We'll add awesome details like sparkling water, tall trees, big mountains, tiny farm houses and lush meadows. With these new skills, we'll turn our paintings into amazing scenes that show off the beauty of nature.



Wild nature

Time for real fun - the world of birds, animals, and insects!

We'll start by observing different creatures and learning about their shapes, colors, and unique features. Then, we'll use various art techniques to draw and paint our favorite animals, from fluffy birds to playful insects. Each class will focus on capturing the details and personality of these animals, with lots of opportunities for creativity and imagination.



VII. Animals, birds, insects

It's all about motivation

As you all know, I love to showcase my students' work - it's one of my favorite things to do! But **what does an exhibition truly mean for an art student?**

It offers them the incredible opportunity to see their **hard work framed** and displayed in a **prestigious space**, like a museum. It's a moment of **pride**, where they realize **their significance** and feel empowered by the knowledge that **their parents are proud of them**. This **experience** fuels their desire to achieve even more.

By helping my students stand out and **shine**, I'm fostering their **confidence** - a crucial part of **my mission**.

My plan for our next art year includes not only a new exhibition but also a research of local and national art contests for my students and help in the application process.



VIII. Exhibitions & contests

ART HOLIDAYS' 24-25

FALL

NOV 25 - 30

DEC 23 - JAN 4

WINTER

SPRING

MAR 10 - 15

TBA

SUMMER

We **DO**, paint, on long weekends.
(Subject to availability of space at Vineyards Center)



See you soon!

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